



CATHETERIZATION SIMULATOR P93

INSTRUCTION MANUAL

1023008 1023009 1020231
1020232 1020842 1023010

CATHETERIZATION SIMULATOR P93

> CONTENT

Introduction	3
Delivery Contents	4
Functions	6
Assembly	7
Putting in the genital inserts	7
Filling the bladder – Preparation for the PRO version:.....	7
Filling of the bladder (Basic and Pro).....	8
Emptying the bladder	8
Adjusting the constriction of the urethra.....	9
Disassembly	11
Disassembly of the genital inserts	11
Cleaning and Care	12
Technical Data	12
Imprint	12

CATHETERIZATION SIMULATOR P93

> INTRODUCTION

You have acquired a catheterization simulator with basic features (Basic) or advanced features (PRO). It can be used to simulate the steps to correctly carry out catheterization in men or women. Standard procedures as part of professional training for nurses and everyday clinical practice can be taught and improved.

Basic version (m/f)



PRO version (m/f)



CATHETERIZATION SIMULATOR P93

> DELIVERY CONTENTS

Basic (m) 1020232



Basic (f) 1020231



Basic (s) 1020842



PRO (m) 1023009



PRO (f) 1023008

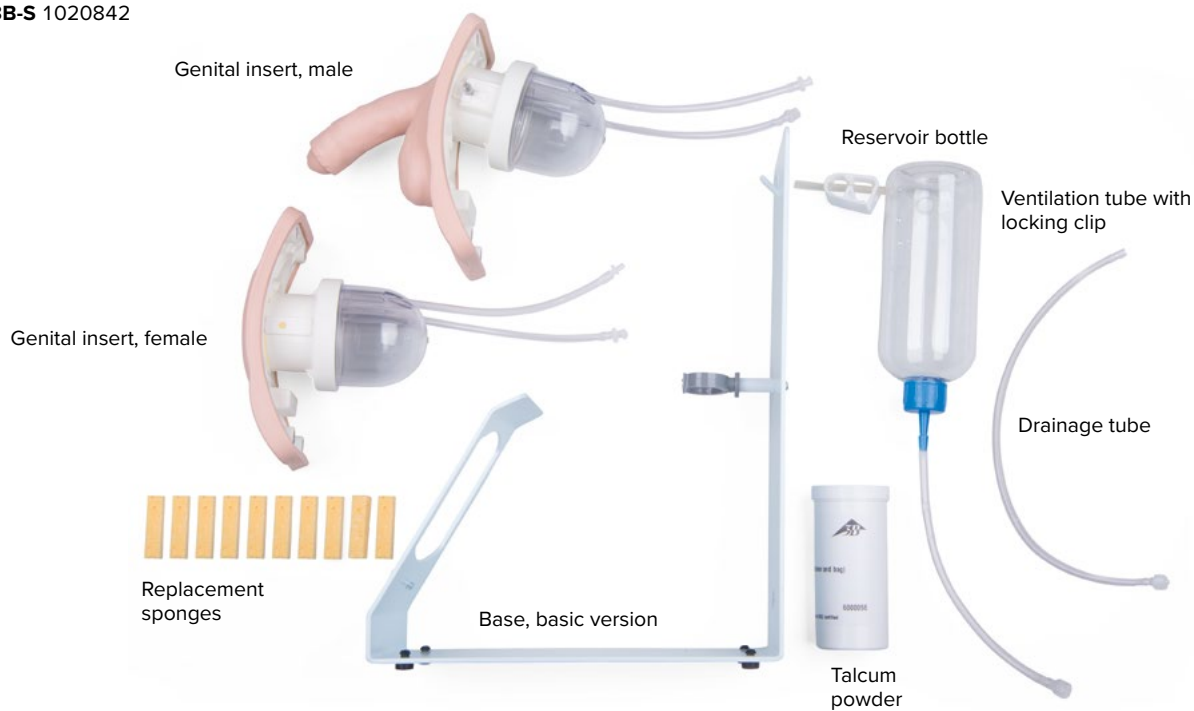


PRO (s) 1023010

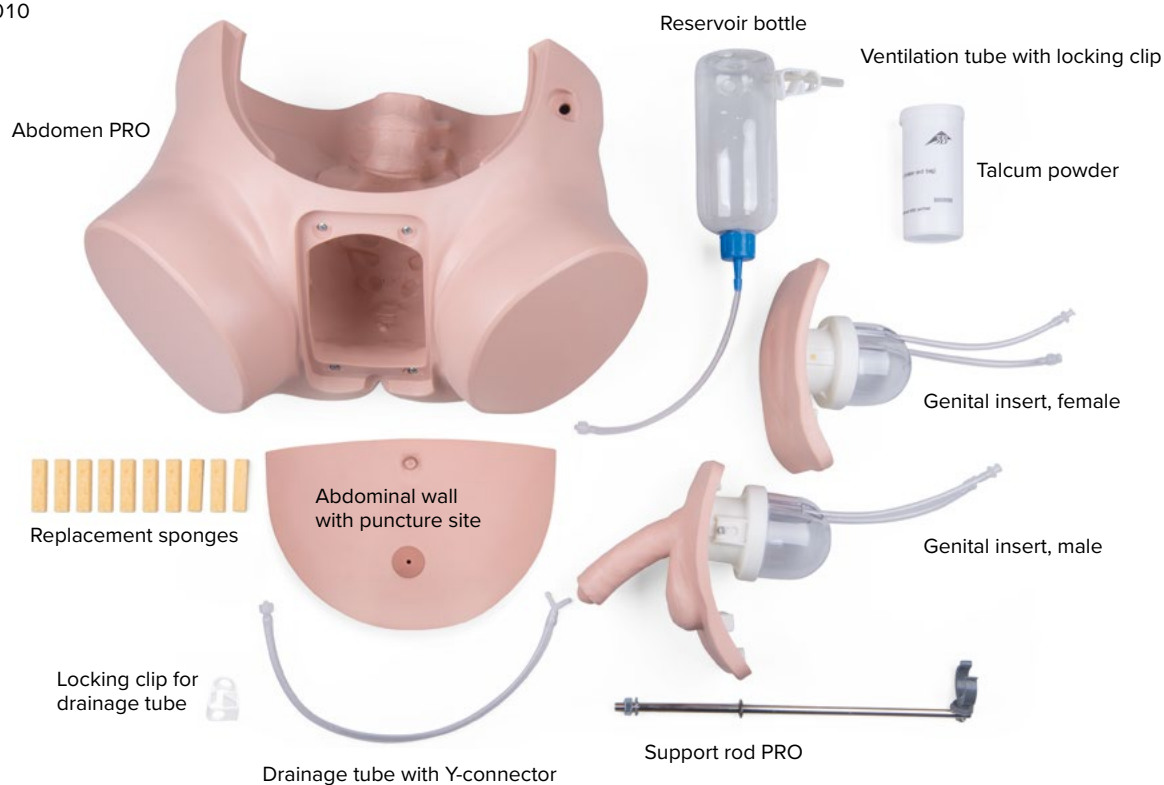


CATHETERIZATION SIMULATOR P93

P93B-S 1020842



P93SPC-S 1023010



CATHETERIZATION SIMULATOR P93

> FUNCTIONS

The Basic version offers a simplified and clear demonstration of bladder catheterisation. Thanks to an anatomically realistic lower body with removable abdominal wall, the PRO version enables very practical practice of transurethral catheterisation and suprapubic catheter management.

Both gender inserts provide a very realistic experience in inserting catheters, since the relevant structural features with regard to the length and the route of the urethra have been taken into account. The male genital insert also offers 3-levels of urethral constriction.

The soft outer genital parts – labia for the female insert and foreskin for the male insert – are flexible and offer realistic handling. Students can practice preparing the models in sterile conditions, and are given support while introducing the catheter (e.g. the labia are kept spread apart) and teaching features are highlighted.

The transparent bladder can be filled via a 500 ml reservoir bottle and checked visually to ensure the catheter has been correctly placed. If the catheter is correctly inserted, fluid starts to flow out automatically. The outflow can be controlled manually using a locking clip.

	Basic version	PRO version
Area of application	Simplified presentation and demonstration	Representation, demonstration and realistic exercises
Basic body	Schematic metal base	Anatomically correct replica of an abdomen. Removable abdominal wall
Suprapubic catheter	Not represented	Abdominal wall with puncture site for practising suprapubic catheter exchange and supply
Genital inserts	Male or female; the set also includes flexible labia or foreskin	Male or female; the set also includes flexible labia or foreskin

CATHETERIZATION SIMULATOR P93

> ASSEMBLY

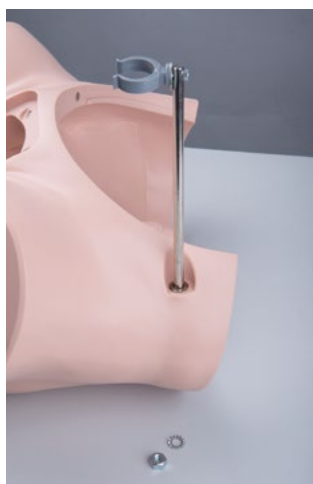
Putting in the genital inserts

- The genital inserts can be put in by way of a magnetic connector, both into the main body in the PRO version and into the metal base of the basic version.
- First, pass the connection tube of the bladder through the opening of the metal base or of the basic body.
- Then put the upper edge of the genital insert into the recess (PRO version) or on to the beveled surface (basic version).
- The entire genital insert should click into place.
- Please ensure that the genital inserts are placed centrally and are fully engaged. In the PRO version, this can be seen when the insert is totally flush with the basic body.

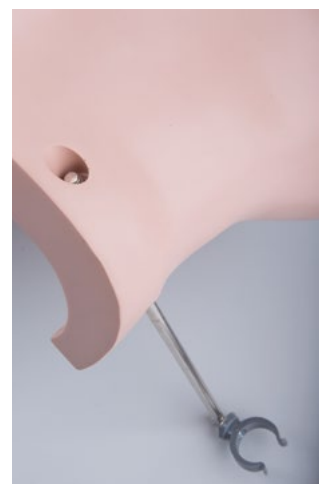
Filling the bladder

Preparation for the PRO version:

- Screw the stand supplied into the body (in the basic version, the stand is already integrated).
- To do this, loosen the nut and the crinkle washer from the stand thread.
- Now insert the stand rod from the top into the hole provided.
- Slide the rod into the opening until it can go no further, and make sure that the rod comes through the opposite opening on the underside of the basic body.
- Now place the corrugated washer over the threads of the support rod.
- Put the nut on the thread, fix it with the fingers and screw the stand rod into the nut. Screw in the rod until it is sufficiently tight, then stop. It should be possible to turn the stand rod further.



Top view



View from below



View from below



View from below

CATHETERIZATION SIMULATOR P93

Filling of the bladder (Basic and Pro)

- First check that all the individual parts of the genital insert are fitting correctly. The transparent bladder must be firmly screwed to the base plate of the genital insert. On the PRO version, the bladder must be screwed to the base plate of the abdominal wall instead when practising suprapubic catheter exchange.
- Fill the reservoir bottle with a sufficient quantity of liquid (fill volume 500 ml). Make sure that the locking clip to the ventilation tube of the bottle is fastened.
- Connect the right (top view) tube connector of the bladder to the reservoir bottle.
- In the Basic version, connect the left tube connector to the bleed tube. The open end of the bleed tube is inserted through the hole on the metal stand. In the PRO version, the bleed tube is connected using a Y-connector to the reservoir bottle.
- Now, block the reservoir bottle from the top in the retaining clip by pushing the blue sealing cap of the bottle sideways into the retaining clip of the stand.
- After checking that all the connections are correctly in place, open the locking clip on the ventilation tube.
- The system will then automatically fill up to the correct fluid level (completely full bladder).
- The upper locking clip needs to stay open during all the training session.

Suprapubic catheter exchange:

For suprapubic catheter exchange, sufficient bladder filling is essential. If the bladder volume is insufficient, the required filling volume of 300 ml can be achieved retrogradely on the PRO version via the suprapubic catheter. Since the filling volume of the transparent bladder is 200 ml, 100 ml goes into the reservoir bottle to create the required overpressure in the system. When filling, the lower locking clip on the drain hose should remain closed and the upper locking clip open.

Emptying the bladder

- Once the simulation has been completed, the residual liquid should be drained out as much as possible.
- To do this, open the locking clip and empty the liquid via the open end of the drain hose (position the end of the hose well below the bladder).
- Disconnect the fully emptied reservoir bottle from the bladder.
- Disconnect the bleed tube from the bladder.
- Remove the genital insert from the basic body or from the metal base. Make sure that the open ends of both tubes are always above the level of the bladder.
- Hold the genital insert so that the genitals are facing upwards.
- Unscrew the genital part or abdominal wall from the transparent bladder so that you can lock it firmly and securely with one hand.
- Empty the bladder by pouring out the liquid.



CATHETERIZATION SIMULATOR P93

Adjusting the constriction of the urethra

- The male genital insert has 3 urethra constriction settings in the pars membranosa: "Open", "partly constricted" and "totally constricted".
- On the right side of the bladder stem (top view) there is a metal pin and an adjustment slide.
- Pull the metal pin out slightly, thereby releasing the pressure from the adjustment slide. Pull firmly on the metal pin; it is held in place firmly by spring tension.
- Now push the adjustment slide to the desired position.
- From the "open" position, the adjustment slide can be pushed to the next lowest position without pressing the metal rod. A clear "click" sound confirms that the next position has been locked into place.
- To go to the next highest position (e.g. from "Full constriction" to "Part constriction") the metal pin must, however, always be pulled.



Metal pin and adjustment slide

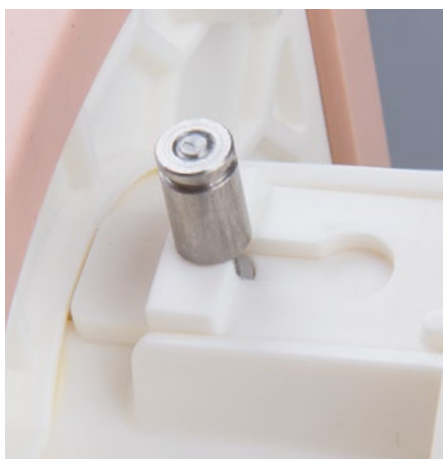
Open



Partial constriction



Full constriction



3 levels of urethral constriction
"Open" - "Partial constriction" - "Full constriction"



Advice:

Before starting a training session, a pre lubricated catheter should be fully inserted into the bladder for a good lubrication of the entire urethra. This is needed only for the training with the male insert.

CATHETERIZATION SIMULATOR P93

Urethra constriction	Catheter size (balloon catheter)	Catheter size
“Open”	14 CH	16 CH
“Partial constriction”	12 CH	14 CH
“Full constriction”	--	--



Note:

Both silicone and PVC catheters can be used. When using balloon catheters, we recommend the size, CH 14, or otherwise, catheter size 16. Catheters with straight and rounded tips should be used.



Advice:

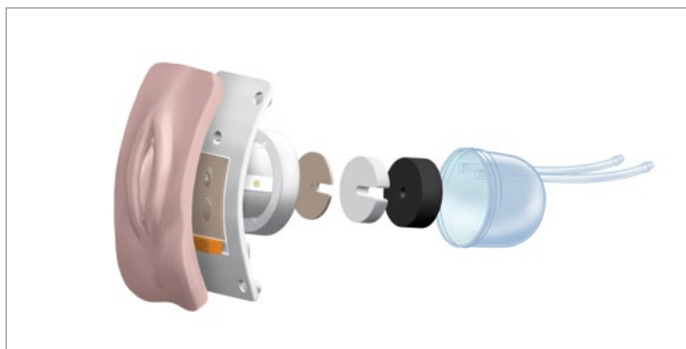
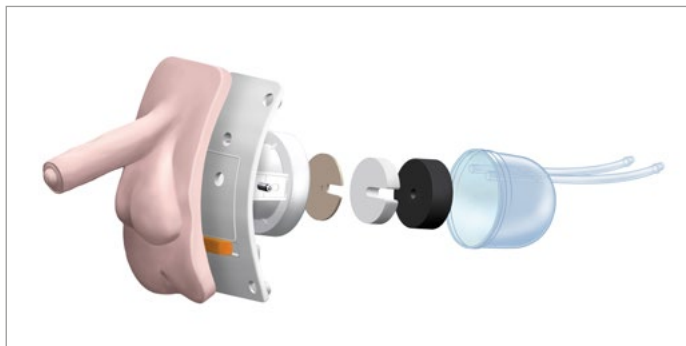
According to the guidelines for correct catheterization, even during the simulation, lubricating gel (not included) should be placed into the urethra to ensure that the catheter can be inserted smoothly. Alternatively, some lubricating gel can be placed on the tip of the catheter.

CATHETERIZATION SIMULATOR P93

> DISASSEMBLY

Disassembly of the genital inserts

- To ensure that the areas that come into contact with liquid during the simulation can be cleaned and dried without leaving residue, the genital inserts can be taken apart.
- To do this, pull both the skin of the male and female inserts forwards.
- Remove the small sponge insert below the genitals. If it has absorbed a lot of liquid, it can be wrung out.
- Now screw off the bladder in an anticlockwise direction.
- Remove the gray sphincter silicone insert. Attention: Do not use sharp objects and take care if you have long fingernails; there is a risk of tearing!
- Remove the white plastic insert (it is preferable to reach into the circular openings with 2 fingers, or lift the model so that the genital insert falls out).
- Remove the skin-colored pelvic floor insert.
- Remove as much moisture residue as possible with a dry cloth.
- Place all the individual parts to dry in a well-ventilated place away from direct sunlight.
- Once dry, all parts can be put back together in reverse order.



CATHETERIZATION SIMULATOR P93

> CLEANING AND CARE

The surface of the simulator can be cleaned with a damp cloth, or rinsed under running water. All soft elastic parts may also be cleaned in the case of severe soiling with a solution of mild soap and water. Please ensure that all parts are completely dry before storing. A little talcum powder should be sprinkled on the dry soft elastic parts before storage (sprinkle on and distribute evenly by rubbing). To prepare the model for a sterile preparation during the simulation, we recommend the use of clear liquids

(e.g. water for simulation purposes). If colored disinfectants are applied, remove them as soon as possible after the simulation to avoid permanent stains.



Advice:

According to the guidelines for correct catheterisation, lubricating gel (not included) should also be inserted into the urethra or puncture site on the abdominal wall from the PRO version during simulation to ensure that the catheter can be inserted smoothly.

> TECHNICAL DATA

Dimensions:

Simulator Basic (H x W x D) 36 x 11 x 26.5 cm

Simulator PRO (H x W x D) 50 x 42 x 30 cm

Weight Basic: approx. 2.3 kg

Weight PRO: approx. 3.5 kg

Operating temperature 10°C to +60°C

Storage temperature -20°C to +60°C

> IMPRINT



3B Scientific

A worldwide group of companies

3B Scientific GmbH

Ludwig-Erhard-Straße 20 • 20459 Hamburg • Germany

Phone: + 49 (0)40-73966-0 • Fax: + 49 (0)40-73966-100

3bscientific.com • info@3bscientific.com